



COOPER'S ROCK 2017

MAGP #1

10K RUN / 5K WALK

SUNDAY, MARCH 26, 2017, 2 pm

WHEN: Sunday, March 26, 2017. 10K Race & 5k Walk begins at 2:00 PM. Race day registration starts at 12 Noon and ends at 1:45 PM. The Race committee reserves the right to reschedule or cancel if in their opinion, weather conditions are unsafe for the participants. **give yourself ample time to get in the gate and out to the overlook. No one will be allowed in the gate after 1:45!*

WHERE: **Cooper's Rock State Forest.** Take the Cooper's Rock exit off I-68, fourteen miles east of the South Morgantown exit off I-79 (exit 148). Go through gate and drive to the Overlook Pavilion.

COURSE: A rolling out & back course (6.2 mile Run, 3.1 mile Walk) on a traffic-free asphalt road through a mountain forest. Water will be available on the course.

AWARDS: **Awards** will be presented for the following: 10K RACE: Top three overall Male & Female finishers. Top three Male & Female finishers in each of the following age groups: 19 & Under, 20-29, 30-39, 40-49, 50-59, Female: 60 & over, Male: 60-69, 70 & Over. 5K WALK: Top three overall Male & Female finishers.

RESULTS: Computerized results provided by Parks Time. A complete listing of times and places will be posted at the finish & will be available on the world wide web at www.iPlayOutside.com

T-SHIRTS: Short-sleeve T-shirts are guaranteed for the first 125. Availability of T-shirts for race day registrants is not guaranteed.

ENTRY FEE: Race fee is \$20.00 for registrations postmarked by March 20, 2017. Fee for registrations postmarked after this date and on race day will be \$25.00. Fees are not refundable. Please make checks payable to **W.Va. Track Club**. Register electronically on runsignup.com

INFORMATION: For more information call (304)216-4467 or email hbury98@hotmail.com

(Please Print Legibly– **Enter All Applicable Information & Sign**)

NAME _____ **Male/ Female**

ADDRESS _____ **Phone** _____

AGE _____ **Date of Birth** ___/___/___ **T-Shirt Size** S/ M/ L/ XL **Event Category:** 10k Run/ 5k Walk

Mail To: W. Va. Track Club, P.O. Box 4159, Morgantown, WV 26504

In consideration of your acceptance of my application for entrance in the Cooper's Rock 10K Run & 5K Walk, I, for myself and anyone entitled to act on my behalf, waive and release the Morgantown Roadrunners/West Virginia Track Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature of Entrant

(Parent or Guardian, if under 18 yrs.)

Date