

32nd Annual General Lightburn

JANE LEW LIONS

5K RUN, 1 MILE LIGHTNING RUN & WALK FOR FUN

Saturday April 29th at Jane Lew Park - Jane Lew, WV

AGE GROUPS / AWARDS

1 Mile Lightning Run

11 & under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & older Trophies awarded to top finisher of male & female and medals awarded to top 3 finisher in each age group.

5K Race - Male & Female

11 & under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & older Trophies awarded to top 3 overall finishers in male & female and to top 3 finisher in each age group.

Registration at 7:30am / 1 Mile Lightning Run at 8:30am,
5K Run & Walk for Fun at 9:00am / Awards Ceremony at 10:00am

ENTRY FEE : Cost is only \$15 if registered by April 15 and \$20 after that date and on-site. Custom T-Shirt guaranteed to pre-registered runners and as available on race day. Walk For Fun is FREE for children 12 & under when accompanied by an adult. They will receive a custom medal instead of t-shirt. (If you wish to have a t-shirt also, please check size and include \$15.00) You can register online at iplayoutside.com. Also check out our Facebook page for this event.

For more information contact Joe Turner at (304) 884-7956



Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Age: _____ Sex: _____

I will be participating in the

1 Mile Lightning Run 5K Run Walk For Fun

Shirt Size: S M L XL XXL

WAIVER: In consideration of the acceptance of the entry, I waive for myself, my heirs and assigns, all claims for damages which I might have against the race, its sponsors, or any other organizations, business or individual as a result of any and all injuries which might be received during the contest. I also release any photos that may involve myself.

SIGNATURE REQUIRED: _____

PARENTS MUST ALSO SIGN IF RUNNER IS UNDER 18 YEARS OF AGE

Parent/Legal Guardian: _____

USA Track and Field Waiver must be signed at registration. Parent or guardian signature will be required for all participants under age 18.
Mail to Jane Lew Lions 5K, PO Box 584, Jane Lew, WV 26378 (Make check payable to Jane Lew Lions Club)



**All proceeds benefit
our Local Community
Programs**