



Run 4 Haiti-Zombie 5K Run/Walk

FUN RUN

**WHEN:** Saturday Nov 4, 2017 registration beginning at 7:30 A.M., the run/walk beginning at 9:00 A.M.

**WHERE:** Starting on the ***Rails to Trails near Salem*** . Take the Flinderation Road exit off Route 50 West . This exit is approximately 12 minutes west of Clarksburg and 1 mile before Salem. Make a right off Flinderation Road exit and race will begin across from East Resources. The course is relatively flat and will go down the Rails for Trails and finish up across from the post office in Salem, WV. Parking is available at the beginning and end of the race and we offer transportation back to the beginning of the course.

**AWARDS: 5K RUN** – 1ST & 2ND overall runners 18 and older and 1ST & 2ND overall runners 17 and younger.

**ENTRY FEE:** *Preregistration by Oct 15 - \$20 per person. After Oct 15 and race day- \$25 per person.*

**Children 12 and under will run free and may purchase t-shirt for \$10.**

**All proceeds go to the Haiti mission trip in April 2018.**

**T-SHIRTS:** All who pay and register by Oct 15 will receive a free shirt.

**INFORMATION:** Contact Michele Lamb @304-623-0761 or Nancy Allen 304-476-1265

**2016 Run for Haiti**

Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
Address: \_\_\_\_\_ Age \_\_\_\_\_  
\_\_\_\_\_ T-shirt: S\_\_ M\_\_ L\_\_ XL\_\_  
Phone: \_\_\_\_\_ e-mail \_\_\_\_\_ 5K Run \_\_\_ 5K Walk \_\_\_

In consideration of the acceptance of this entry to this event, I will waive all claims for heirs, my assigns against the host, sponsors, and myself or promoters for injury or illness which may result from my participation, I further state that I am in proper physical condition to compete in this run/walk race.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature if under 18 \_\_\_\_\_

**Mail entries and make checks payable to:** Big Issac United Methodist Church, 241 Maken road, Salem WV 26426.

For preregistration please do not send cash. There will also be a \$25 return check fee.