



Run 4 Haiti-Zombie 5K Run/Walk

FUN RUN

WHEN: Saturday Oct 13, 2018 registration beginning at 7:30 A.M., the run/walk beginning at 9:00 A.M.

WHERE: Starting at the VA Park Clarksburg WV. **Registration is at the Freedom Shelter by the pool. There is plenty of free parking.**

To complete the 5 k, you will need to make 2 laps around the park. This will be a timed event.

AWARDS: 5K RUN – 1ST & 2ND overall runners 18 and older and 1ST & 2ND overall runners 17 and younger.

ENTRY FEE: Preregistration by Sept 24 - \$20 per person. After Sept 25 and race day- \$25 per person.

Children 12 and under will run free and may purchase t-shirt for \$10.

All proceeds go to the Haiti mission trip in April 2019.

Registration also available at runsignup.com and iplayoutside.com

T-SHIRTS: All who pay and register by Sept 24 will receive a free shirt.

INFORMATION: Contact Michele Lamb @304-623-0761 or Nancy Allen 304-476-1265

2018 Run for Haiti

Name: _____ Male _____ Female _____
Address: _____ Age _____
T-shirt: S ___ M ___ L ___ XL ___
Phone: _____ e-mail _____ 5K Run ___ 5K Walk ___

In consideration of the acceptance of this entry to this event, I will waive all claims for heirs, my assigns against the host, sponsors, and myself or promoters for injury or illness which may result from my participation, I further state that I am in proper physical condition to compete in this run/walk race.

Signature: _____ Date: _____

Parent/Guardian Signature if under 18 _____

Mail entries and make checks payable to: Big Issac United Methodist Church, 241 Maken road, Salem WV 26426.

For preregistration please do not send cash. There will also be a \$25 return check fee.